Wow where has the year gone? December is upon us once again.

I would like to take this opportunity to say a big **Thank you** to you all for supporting Vibe over the year. We love making you feel fabulous and is what we strive to do, it's your time to relax, unwind and feel pampered every visit.

We are available until 3pm Saturday 24th December and open again from Thursday 5th January 2015. Web bookings are available throughout the Christmas period.

For the Vibe team it's time to unwind relax and catch up with family and friends.

Merry Xmas & thank you from all of us at Vibe.



Santa Claus Is Coming To Town! We have some awesome

stocking fillers from the gorgeous NZ Spa Body Soufflé to our amazing range of Vinylux Nail polish with weekly top coat. We have Bio Sculpture hand or feet gift packs including foot paddles, these are a must over those summer months to keep your camp & Jandal feet at bay. And what every girl wants, a GHD Hair Styler with its own heat protector mat/bag. Rose gold is the tone of the year.



Making sure you have your summer glow on we have **Black Magic** Tanning mousse and Mitt for only **\$40.00**.Never be orange guaranteed!





A couple of ideas to help finish off your shopping, or if you have no idea what to get ... Our **Knot Dr Brushes** are amazing, never be knotty again only **\$35.00** each what a great stocking filler.

Our **Gift Vouchers** can be made into a personalised package made just for you. Guaranteed to never get left to collect dust or be unloved.

We have some pre wrapped prezzies all ready to go, and our new prepackaged vouchers look amazing. Pop in or phone us and we'll put something together for you. Easy!

We are passionate about Skin & Hair health, so now that the sun is getting stronger, it feels timely to share some important information on sunscreens. SPF (Sun Protection Factor) measures how well a sunscreen protects the skin from UVB rays. It is the UVB rays that cause dangerous sunburn, damage the skin by accelerating ageing, and can contribute to Melanoma.

Here is a guide to burn times with your skin type:

<u>Fair skin</u> - 10 minutes <u>Olive skin</u> - 15 minutes <u>Dark skin</u> - 20 minutes

Look at the SPF on your sunscreen e.g. SPF 15 Calculate your protection time, the amount of time you can stay outside before burning. Multiply the sun safety time for your skin type with the SPF listed on your sunscreen, e.g. 10 minutes (for fair skin) \times SPF 15 = 150 minutes (2.5 hours) of sun protection.

Our Sunscreens of choice are;

Dermaviduals sunscreen broad-spectrum SPF 15 & 30 **\$50.00**, no perfumes or parabens so if you're sensitive this is the one for you.

Environ RAD Sunscreen broad- spectrum SPF 15 \$56.00. Both offer broad-spectrum sunscreen protection, guarding against the damage caused by both UVA and UVB rays.





Not forgetting about your luscious locks and that all important hair colour, it is just as important to have protection from those harsh summer rays, salt water and being outside in general.



Our Wella Sun Range has you covered.

